

# Startliste – Divisionsmatch op/ ned 2024

2024-09-22

<b>Beg</b>		<b>2575 meter</b>	<b>Start 2</b>
–	Annette A. Hansen	THOK	407129
–	Atle Vindfeld	Farum OK	241920
–	Bertil Schou Christensen	OK Sorø	2216184
–	Elisabeth Rønnegaard Revsbech	Allerød OK	2159197
–	Evelin Jirásková	Farum OK	515442
–	Inge K. Kristoffersen	Ballerup OK	440894
–	Joel Stokholm Riemer	OKR	355564
–	Lærke Bellis Kantsø Frost	Holbæk OK	2127796
–	Magne Vindfeld	Farum OK	241921
–	Magnus Holdensgaard Jørgensen	OK Sorø	2123958
–	Peter Sønderbo	OK ØST Birkerød	234448
–	Rebekka Damgaard Bodilsen	Farum OK	241922
–	Rikke Stokholm Riemer	OKR	355560
–	Søren Bjørnøen	OK ØST Birkerød	8120444
–	Vega Rosendal Larsen	Holbæk OK	1393200
–	Vilfred Beck Vitøft	Farum OK	241914
<b>D10</b>		<b>2575 meter</b>	<b>Start 2</b>
–	Annika Damgaard Bodilsen	Farum OK	1504173
–	Ellen Frese Søderlund	Farum OK	600014
–	Freja Beck Staugaard	Farum OK	245022
–	Gry Günther Madsen	Holbæk OK	2127794
–	Kirsten Heegaard Boe-Hansen	OK Sorø	2216188
–	Liva Sylvest Mærsk	Ballerup OK	1
–	Luna Kæmsgaard	Holbæk OK	1393198
–	Marta Buchwald	Holbæk OK	2127788
–	Sonja Heegaard Boe-Hansen	OK Sorø	2216193
–	Viktoria Sharpe á Argjahøvda	OK Sorø	2442589
<b>D12</b>		<b>3200 meter</b>	<b>Start 2</b>
–	Alma Munk	OK Sorø	2216185
–	Aya Knudsen	Farum OK	1411134
–	Dasha Kapanadze	Farum OK	241912
–	Freja Kjeldgaard	Holbæk OK	1393197
–	Ingrid Baun Gautier	OK Sorø	1504171
–	Linea Vedel Lange	Farum OK	202012
–	Maja Thorslund Pedersen	OK ØST Birkerød	4
–	Savannah Sophia Mosbech Smith	OK ØST Birkerød	2134103
–	Vigga Petersen	Holbæk OK	1393193
<b>D12B</b>		<b>2575 meter</b>	<b>Start 2</b>
–	Helena Johanne Ellebye Christensen	OK Sorø	2216189
–	Ida Beck Staugaard	Farum OK	302120

–	Sara Semak Jensen	Farum OK	887602
–	Tilde Kjeldgaard	Holbæk OK	2127795
<b>D14</b>		<b>4350 meter</b>	<b>Start</b>
10:37	Nalini Kapanadze	Farum OK	241919
11:28	Ellen Dyrlund Pedersen	OKR	8512058
11:30	Annika Kalle Pedersen	Holbæk OK	1393191
11:32	Agnes Dyrlund Pedersen	OKR	8512054
11:34	Wilma Heegaard Boe-Hansen	OK Sorø	8631590
<b>D14B</b>		<b>3200 meter</b>	<b>Start 2</b>
–	Agnes Habekost Nielsen	Allerød OK	8333309
–	Gabi Günther Madsen	Holbæk OK	2127805
–	Kaya Justesen	Holbæk OK	2127802
–	Vera Hebbelstrup Mikkelsen	OK Sorø	2216187
<b>D16</b>		<b>5100 meter</b>	<b>Start</b>
10:00	Dana Kapanadze	Farum OK	362425
10:02	Amalie Engelund Broman	Allerød OK	8009109
11:19	Camille Friis Scheby	OK Sorø	8520063
11:21	Astrid Rosa Husted Sigvardsen	Holbæk OK	8520075
<b>D18</b>		<b>7025 meter</b>	<b>Start</b>
10:49	Cecilie Engelund Broman	Allerød OK	8664238
10:51	Rachel Baker	Farum OK	8192246
12:04	Alma Okkels Jensen	OK Sorø	2085945
12:06	Miri Brunstedt Nørgaard	OK ØST Birkerød	8030406
<b>D20</b>		<b>7025 meter</b>	<b>Start</b>
10:53	Hedda Kärner Grooss	Allerød OK	8640524
12:10	Katrine Jentoft Fertin	Holbæk OK	1419980
12:12	Clara Friis Scheby	OK Sorø	8515237
<b>D20B</b>		<b>4350 meter</b>	<b>Start</b>
11:37	Nora Sophie Graasbøl Ødum	OK ØST Birkerød	249642
11:38	Iris Møller	OK Sorø	2061213
11:40	Signe Fredslund Mejlkjær	Holbæk OK	1393188
11:42	Johanne Fabricius-Bjerre	OKR	355572
11:44	Carla Petersen	Holbæk OK	8009734
<b>D21</b>		<b>7025 meter</b>	<b>Start</b>
10:27	Frida Kärner Grooss	Allerød OK	8668785
10:29	Vera Mullerova	Farum OK	8016642
10:31	Annette Bonde	Ballerup OK	8667751
10:33	Astrid Skytte Kirkegaard	THOK	895262
10:35	Cecilie Spendrup-Petersen	Ballerup OK	8143249
10:37	Camilla Bergmann	Allerød OK	890929
10:39	Amanda Falck Weber	THOK	8635840
10:41	Karen Wibe Enevoldsen	Allerød OK	8626187
10:43	Masha Semak	Farum OK	1410792
10:45	Charlotte Bergmann	Allerød OK	8009101

10:47	Line Frese Søderlund	Farum OK	8505719
11:42	Silje Nymoens Karlsen	OK Sorø	2213982
11:44	Lene Justesen	Holbæk OK	2127786
11:46	Tonje Pihl	OKR	1422372
11:48	Marie Erskov Krogh	OK ØST Birkerød	1401717
11:50	Astrid Riis	Holbæk OK	1402952
11:52	Henriette Baun Gautier	OK Sorø	8210885
11:54	Teresa Søndergaard Pohl	OKR	8050706
11:56	Anette Kalle Larsen	Holbæk OK	8621025
11:58	Lærke Vejsnæs	OK Sorø	8635835
12:00	Pernille Buchwald	Holbæk OK	2127787
12:02	Signe Elin Gram	OK ØST Birkerød	2216183

<b>D21B</b>		<b>4350 meter</b>	<b>Start</b>
10:39	Sidsel Rønnegaard Revsbech	Allerød OK	1502328
10:41	Ida Vedel Lange	Farum OK	202015
10:43	Amalie Wraa	THOK	1402964
10:45	Kirsten Lange	Allerød OK	1402990
10:47	Rikke Vicki Søndergaard	Farum OK	2159208
10:49	Maya Bressendorf Petersen	Ballerup OK	1421721
11:46	Sanne Søgaard	OK Sorø	2216190
11:48	Sebrina Fredslund Mejlkjær	Holbæk OK	2127783
11:50	Signe Stenkilde	OK ØST Birkerød	5
11:52	Mathilde Hougaard Boesen	OKR	421554
11:54	Katarina Weibel Hansen	Holbæk OK	2127781
11:56	Hanne Pedersen	OKR	202064
11:58	Maria Olsen	Holbæk OK	1393196
12:00	Liv Sharpe á Argjahøvda	OK Sorø	2442580

<b>D40</b>		<b>5925 meter</b>	<b>Start</b>
10:01	Erin Nielsen	THOK	8635864
10:03	Hanne Rasmussen	Allerød OK	8633626
10:05	Marianne Holm	Farum OK	8640269
10:07	Mette Vejen Eriksen	THOK	8667861
10:09	Henriette Broman	Allerød OK	8009291
10:11	Irina Kupriyanova	Farum OK	8635827
10:13	Signe Vejgaard Andersen	Ballerup OK	8645155
10:15	Kersti Kärner	Allerød OK	2065751
10:17	Sandra Damgaard Bodilsen	Farum OK	1401494
10:19	Diana Cederberg	Ballerup OK	8009298
10:21	Merete Nørgaard	Allerød OK	8633606
10:23	Anna Telyakevych	Farum OK	8657165
10:25	Linea Frimodt Obel	Ballerup OK	2159202
11:20	Mette Filskov	OK Sorø	8658641
11:22	Ida Mosbech Smith	OK ØST Birkerød	2074609
11:24	Freja Frost	Holbæk OK	435348
11:26	Pernille Brunstedt Jacobsen	OK ØST Birkerød	8241210
11:28	Tine Friis Scheby	OK Sorø	8089675
11:30	Charlotte Günther Madsen	Holbæk OK	8656835

11:32	Rikke Kofoed	OK ØST Birkerød	887790
11:34	Birgitte Maribo Larsen	Holbæk OK	7500611

<b>D45B</b>		<b>4350 meter</b>	<b>Start</b>
10:51	Marie Habekost Nielsen	Allerød OK	302114
10:53	Ulla Rosenberg	Farum OK	431199
10:55	Birte Langkilde	Ballerup OK	420163
10:57	Katja Reibert Hansen	Allerød OK	8662159
10:59	Lene Øbro	THOK	2058312
11:16	Pernille Lundegaard Straarup	Holbæk OK	2127785
11:18	Kirsten Lindemann	OKR	440195
11:20	Pernille Kaltoft	Holbæk OK	8512012
11:22	Anja Andersson	OKR	1221171
11:24	Malene Lysgaard-Hansen	Holbæk OK	8002541
11:26	Christa Wang Jensen	OK ØST Birkerød	6

<b>D50</b>		<b>5100 meter</b>	<b>Start</b>
10:04	Marianne Kirkegaard	THOK	899045
10:06	Marianne T. Hasholt	Allerød OK	1402035
10:08	Mette Hørlyk Friis	Farum OK	1421712
10:10	Mette Rich	Ballerup OK	1401492
10:12	Susanne Grøn	THOK	1406273
10:14	Angélique Grønberg Rasmussen	Allerød OK	8005182
10:16	Tina Ottesen	Ballerup OK	344160
10:18	Karin Lomholt Finnemann	Farum OK	1421726
10:20	Tenna L. Nørgaard	THOK	8640537
10:22	Janni Fischer	Allerød OK	8070771
10:24	Maiken Andersen	Ballerup OK	8009114
10:26	Bodil Karlsmose Kliem	Farum OK	348377
11:23	Linda Østberg	OKR	250079
11:25	Katja Brunstedt	OK ØST Birkerød	8290174
11:27	Pia Linde Valdau	Holbæk OK	8004604
11:29	Sanne Ifversen Hansen	OK Sorø	8001713
11:31	Helle Brøchner Jønson	OKR	1260546
11:33	Sanne Lund Kolenda	Holbæk OK	1402968
11:35	Lisa Tantholdt	OK ØST Birkerød	1402987
11:37	Anette Lindegaard Christensen	Holbæk OK	8519488
11:39	Nina Okkels	OK Sorø	1410795

<b>D60</b>		<b>4475 meter</b>	<b>Start</b>
10:02	Anette Holm	Farum OK	8657114
10:04	Ellen Kühn Jensen	Ballerup OK	202087
10:06	Anne Maarup	Allerød OK	8201951
10:08	Gitte Grauert	Ballerup OK	8500989
10:10	Lene Skielboe	Farum OK	249313
10:12	Birgitte Birck	Allerød OK	8626197
10:14	Charlotte Grauert	Ballerup OK	8009115
10:16	Maria Iben Sell-Petersen	Allerød OK	681760
10:18	Kit Lang Jørgensen	Farum OK	8002542
10:20	Siri Klausen	Ballerup OK	601221

10:22	Bente Madsen	THOK	8250259
10:24	Hanne Frost	Ballerup OK	1428720
10:26	Lena Wraa	THOK	8143245
10:28	Vibeke Sylvest	Ballerup OK	355586
10:30	Birgitte Wraa	THOK	302080
11:15	Birgitte Erskov Halland	OK ØST Birkerød	1413373
11:17	Else Neergaard	OK Sorø	226397
11:19	Anette Binder Larsen	Holbæk OK	422480
11:21	Karen Jensen	OK ØST Birkerød	263572
11:23	Marianne Dahl	OK Sorø	430048
11:25	Inger Dyrland Jessen	OKR	8501709
11:27	Bodil Klavsen	Holbæk OK	239932
11:29	Søs Munch Hansen	OK Sorø	8280160
11:31	Jytte Hougaard	OKR	421553
11:33	Tine Demandt	OK Sorø	7160259
11:35	Jette Kreiberg	OKR	8130457

<b>D70</b>		<b>2825 meter</b>	<b>Start</b>
10:07	Kirsten Truelsen	Ballerup OK	1406263
10:09	Annlou Husen	Farum OK	8645157
10:11	Johanne Lind	Ballerup OK	8645166
10:13	Inger Kirkegaard	THOK	8201928
10:15	Lisbeth Jensen	Ballerup OK	302175
10:17	Inger Landsperg	THOK	8023807
10:19	Liselotte Andersen	Ballerup OK	682126
10:21	Margit Ulmer	THOK	8030953
11:18	Ane Veierskov	OKR	1106041
11:20	Ulla Hooge	OK ØST Birkerød	8657116
11:22	Alice Ørum Bertelsen	OKR	343399
11:24	Janet Bentzen	OK ØST Birkerød	500180
11:26	Inge Jørgensen	OKR	8089676

<b>D-Let</b>		<b>3200 meter</b>	<b>Start 2</b>
–	Anni Lauritzen	Holbæk OK	8208809
–	Bente Pihl	OKR	302043
–	Birthe Nielsen	OKR	2213990
–	Cecilie Vitoft	Farum OK	241915
–	Dorte Aagaard Valery	THOK	437088
–	Dorthe Munktvad	Allerød OK	8033373
–	Freja Boe-Hansen	OK Sorø	2216186
–	Inge Josiasen	OK ØST Birkerød	245032
–	Jana Pohl	OKR	2801467
–	Kirsten Brunstedt	OK ØST Birkerød	8130748
–	Kristina Dalgaard Kristensen	Ballerup OK	249481
–	Lotte Thiesen	OKR	2216179
–	Louise Gram Sukkot	OK Sorø	2123955
–	Mette Lyskjær Jensen	Farum OK	886630
–	Natalia Kandybei	Farum OK	1108984
–	Nataliia Veselkova	THOK	1393833

–	Nina Valery	THOK	2136658
–	Nønne Schou Christensen	OK Sorø	8512015
–	Signe Hagelskær	Holbæk OK	2127806
–	Susanne Vestergaard	OK ØST Birkerød	422476
–	Ulla Place Petersen	Allerød OK	620803

<b>H10</b>		<b>2575 meter</b>	<b>Start 2</b>
–	Anton Kjeldgaard	Holbæk OK	2127820
–	August Kreiberg Jessen	OKR	895258
–	Hans Chrona Lerstrup	Holbæk OK	1393186
–	Ilijah Ahmt Telyakevych	Farum OK	1411136
–	Kaj Trier-Grønlund	OK ØST Birkerød	1403124
–	Lau Lindemann	OKR	2216180
–	Lauge Dalgaard Kristensen	Ballerup OK	443125
–	Malte Bahn-Dienstrup	Holbæk OK	1393184
–	Mika Gram Sukkot	OK Sorø	2123962
–	Moritz Søndergaard Pohl	OKR	4660068
–	Noah Andreas Holdensgaard Jørgensen	OK Sorø	2117589
–	Otto Baun Gautier	OK Sorø	415566
–	Theis Nielsen	THOK	53568
–	Theodor Vedel Lange	Farum OK	202016
–	Vilhelm Dahl Østergren	Ballerup OK	212247
–	Vitus Bo Søndergaard	Farum OK	2159209

<b>H12</b>		<b>3200 meter</b>	<b>Start 2</b>
–	Adrian Kuprianov Hviid	Farum OK	1411133
–	Alexander Juul Paustian	Allerød OK	7500608
–	Anton Vejgaard Andersen	Ballerup OK	8524543
–	Carla Schou Christensen	OK Sorø	8640262
–	Lasse Brunstedt Jacobsen	OK ØST Birkerød	8210812
–	Malthe Dalgaard Kristensen	Ballerup OK	8524570
–	Max-Emil Kupriyanov Hviid	Farum OK	1411131
–	Oskar Kjeldgaard	Holbæk OK	2127807
–	Sigurd Nielsen	THOK	1013322
–	Stig Maribo Christensen	Holbæk OK	7500607
–	Viktor Tougaard Hildebrandt	Farum OK	1411133

<b>H12B</b>		<b>2575 meter</b>	<b>Start 2</b>
–	Bertram Beck Vitoft	Farum OK	241918
–	Emil Fredslund Mejlkjær	Holbæk OK	1393181
–	Nohr Knudsen	Farum OK	1411132
–	Oscar Holm	Farum OK	40499
–	Sirius Aabye	Ballerup OK	443129

<b>H14</b>		<b>4950 meter</b>	<b>Start</b>
10:28	Knud Vagtborg Vang-Pedersen	Farum OK	1411139
10:30	Sebastian Revsbech	Allerød OK	7040520
10:32	Denys Kandybei	Farum OK	8523618
10:36	Lauge Vogelius	Farum OK	308113
11:43	Sofus Schou Christensen	OK Sorø	8631602

11:45	Lasse Kalle Pedersen	Holbæk OK	8645144
11:47	Liam Sharpe á Argjahøvda	OK Sorø	8180811
<b>H14B</b>		<b>3200 meter</b>	<b>Start 2</b>
–	Albert Tougaard Hildebrandt	Farum OK	1411140
–	Eskild Maribo Christensen	Holbæk OK	1393182
–	Lauge Buchwald	Holbæk OK	1393190
–	Noah Gram Sukkot	OK Sorø	2123960
–	Noah Hjorth	Ballerup OK	302188
<b>H16</b>		<b>5925 meter</b>	<b>Start</b>
10:27	Henrik Kärner Grooss	Allerød OK	2049221
10:29	Anton Kupriyanov Hviid	Farum OK	8662160
10:31	Tore Emil Maarup	Allerød OK	8089688
10:33	Rune Cederberg	Ballerup OK	8523636
11:36	Samuel Yderstræde Hildebrandt	OK ØST Birkerød	1013316
11:38	Asger Sohl Eriksen	Holbæk OK	1249087
<b>H18</b>		<b>7975 meter</b>	<b>Start</b>
11:50	Gustav Holst Friborg	OK Sorø	8666082
11:52	Alexander Johannes Mosbech Smith	OK ØST Birkerød	8512014
<b>H20</b>		<b>7975 meter</b>	<b>Start</b>
10:37	Erik Grønborg Nielsen	Allerød OK	8505433
11:54	Viktor Pedersen	Holbæk OK	1393183
11:56	Mads Ottar Jespersen	OK Sorø	887599
<b>H20B</b>		<b>4950 meter</b>	<b>Start</b>
10:34	Sebastian Hansen Lindboe	THOK	2137266
10:38	Mathias Hansen Lindboe	THOK	2137268
10:40	Patrick Reibert Hansen	Allerød OK	8030304
10:42	Albert Nørgaard Landsperg	THOK	899039
11:49	Jacob Lund Kolenda	Holbæk OK	2085944
<b>H21</b>		<b>7975 meter</b>	<b>Start</b>
10:03	Steen Stausholm	Farum OK	8628467
10:05	George Mavchun	THOK	8303044
10:07	Benjamin Trock	Ballerup OK	8664251
10:09	Malthe Gaarsdal	Farum OK	8654958
10:11	Jonas Falck Najbjerg	THOK	8143244
10:13	Lars Lyngsø	Allerød OK	1406279
10:15	Mathias Bressendorf Petersen	Ballerup OK	8524526
10:17	Yevhen Kandybey	Farum OK	8517397
10:19	Casper Wraa	THOK	899997
10:21	Niels-Peter Vest Nielsen	Allerød OK	8619433
10:23	Kasper Gabs Hansen	Farum OK	1399452
10:25	Emil Olander Lorenz	Allerød OK	9005162
10:27	Lasse Falck Weber	THOK	8646100
10:29	Bela Sebok	Ballerup OK	8008519
10:31	Jens Tange Hasholt	Allerød OK	246451

10:33	Mikkel Lyskjær	Farum OK	681767
10:35	Claus Cederberg	Ballerup OK	8505432
11:16	Lars Sharpe á Argjahøvda	OK Sorø	7700330
11:18	Emil Mejlhede Kinslev	OK ØST Birkerød	7500274
11:20	Asger Reinholdt Christensen	Holbæk OK	8635818
11:22	Michael Sørensen	OK ØST Birkerød	8180977
11:24	Peter Hansen	OK Sorø	500644
11:26	Rune Aagaard Lohfert Boas	OK ØST Birkerød	8646073
11:28	Henrik Fabricius Buchwald	Holbæk OK	2127801
11:30	Rasmus Møller Jess	OKR	8191198
11:32	Jan Holdensgaard Jørgensen	OK Sorø	1410578
11:34	Søren Jessen	OKR	8501990
11:36	Finn Skouenborg	Holbæk OK	1416979
11:38	Søren Juhlin	OKR	2159195
11:40	Morten Hass	OK Sorø	504395
11:42	Frederik Erskov Krogh	OK ØST Birkerød	8524556
11:44	Søren Fertin	Holbæk OK	922013
11:46	Martin Vaabengaard	OKR	7209259

<b>H21B</b>		<b>4950 meter</b>	<b>Start</b>
10:44	Jesper Grooss	Allerød OK	263560
10:46	John Hørlyk	Farum OK	1421713
10:48	Jacob Egholm	Ballerup OK	442567
10:50	Jonathan Wraa	THOK	249657
10:52	Jesper Pedersen	Allerød OK	1070762
10:54	Rasmus Kristensen	Ballerup OK	249495
10:56	Finn Bregensøe	THOK	2052922
10:58	Niels Aabye	Ballerup OK	8002523
11:00	Frederik Beck-Andersen	Farum OK	241917
11:02	Torben Schorlemmer	Ballerup OK	1190761
11:04	Jesper Tidsvilde Hildebrandt	Farum OK	241929
11:51	Jan Jakobsen	OK ØST Birkerød	8512022
11:53	Reed John Cowden	OK Sorø	241964
11:55	Rune Faxøe Larsen	Holbæk OK	2117592
11:57	David Gram Sukkot	OK Sorø	2123956
11:59	Pierre Husted Sigvardsen	Holbæk OK	239235
12:01	Mikael Scheby	OK Sorø	2117591
12:03	Gabriel Bo Christensen	Holbæk OK	1249086
12:05	Karsten Hjorth	OKR	2128805
12:07	Anders Kjeldgaard	Holbæk OK	8510911
12:09	Mogens Hald Kristensen	OKR	302046

<b>H40</b>		<b>7025 meter</b>	<b>Start</b>
10:01	Jens Knud Maarup	Allerød OK	8016664
10:03	Rasmus Holm	Farum OK	8620944
10:05	Morten Ploug	Ballerup OK	8505714
10:07	Ivan Vogelius	Farum OK	308114
10:09	Asger Habekost Nielsen	Allerød OK	8016663
10:11	Dan Eriksen	THOK	8667858



10:13	Michael Nygaard Møller	Ballerup OK	8512021
10:15	Jesper Damgaard	Farum OK	553381
10:17	Jonas Anton Zebitz Wille	Allerød OK	7500280
10:19	Thomas Greve Jensen	THOK	8572019
10:21	Tore Hulgaard	Farum OK	8657146
10:23	Peter Steen Landsperg	THOK	8500979
10:25	Anders Vejgaard	Ballerup OK	8640533
11:16	Rasmus Schou Christensen	OK Sorø	8631617
11:18	Lars Sørensen	OK ØST Birkerød	1402998
11:20	André Didier Gautier	OK Sorø	8100983
11:22	Steen Gregers Ellebæk Donovan	Holbæk OK	1393189
11:24	Peter Baecker Hansen	OK ØST Birkerød	1419966
11:26	Frederik Grue-Sørensen	OKR	8130876
11:28	Martin Petersen	Holbæk OK	8003265
11:30	Jakob Søndergaard Jensen	OKR	8220476
11:32	Thomas Østergaard	OK ØST Birkerød	8635887
11:34	Martin Madsen	Holbæk OK	8656788
11:36	Kasper Levring	OK Sorø	2061673
11:38	Christian Larsen	Holbæk OK	422485
11:40	Mads Pedersen	OKR	8525839

	<b>H45B</b>	<b>4950 meter</b>	<b>Start</b>
10:00	Erik Vedel Lange	Farum OK	1502325
10:02	Rudi Kjeldsen	THOK	2105164
10:04	Bent Lishmann Nielsen	Ballerup OK	2
10:06	Dennis Øbro	THOK	8500976
10:08	Torben Christensen	Farum OK	241923
10:10	Jan Steen Jensen	Ballerup OK	2083204
10:12	Louise Wraa-Hansen	THOK	249658
10:14	Sten Vesterli	Ballerup OK	341274
10:16	Jørgen Finnemann	Farum OK	1421725
10:18	Karsten Längerich	Allerød OK	211101
10:20	Michael Hjorth	Ballerup OK	1170297
10:22	Christian Juul Paustian	Allerød OK	7500609
10:24	Pierre Skipper	Ballerup OK	2134118
10:26	Jan-Erik Revsbech	Allerød OK	8512010
11:21	Tobias Trier Hansen	OK ØST Birkerød	331308
11:23	Stig Møller	OK Sorø	8512038
11:25	Casper Lindemann	OKR	434108
11:27	Christian Schiønning	Holbæk OK	1393194
11:29	Jesper Munch Jespersen	OK Sorø	8620952
11:31	Hans Jessen	OKR	8635821
11:33	Christian Kalle Pedersen	Holbæk OK	1393185
11:35	Jens Frandsen	OK Sorø	1110664
11:37	Jens Bentsen	OK ØST Birkerød	8009124
11:39	Preben Kristensen	OKR	241901
11:41	Anton Lauritzen	Holbæk OK	8208808

**H50**

10:35	Nicolai Kliem
10:37	Tim Falck Weber
10:39	Flemming Mæng
10:41	Rolf Valery
10:43	Peter Reibert Hansen
10:45	Claus Rytter Larsen
10:47	Jakob Landsperg
10:49	Joakim Ilsing Sørensen
10:51	Lars Munktvad
10:53	Henrik Skov Andersen
10:55	Alex Ottesen
10:57	Jakob Albahn
10:59	Torben Nørgaard
11:01	Sune Vang-Pedersen
11:03	Henrik Petersen
11:40	Lars Thorslund
11:42	Kåre Sørensen
11:44	Søren Klinkby
11:46	Jens Lerche Mortensen
11:48	Martin Østberg
11:50	Bjark Bo Christensen
11:52	Kristian Kærsgaard Hansen
11:54	Søren Magnusson
11:56	Morten Bang Nørgaard
11:58	Thorkild Franck
12:00	Søren Madsen
12:02	Niels Rønnenkamp Kjølby
12:04	Allan Søgaard
12:06	Jakob Ødum

**5925 meter**

Farum OK	353244
THOK	8143233
Ballerup OK	1120772
THOK	8033390
Allerød OK	8290171
Farum OK	1402032
THOK	8513688
Ballerup OK	8016659
Allerød OK	8033363
Farum OK	8629116
Ballerup OK	8089685
THOK	8506685
Allerød OK	551000
Farum OK	1411149
Ballerup OK	8524547
OK ØST Birkerød	8143221
OK Sorø	1406280
Holbæk OK	896951
OK Sorø	216728
OKR	250078
Holbæk OK	8003965
OK Sorø	8190346
Holbæk OK	8658323
OK ØST Birkerød	8140772
OKR	8523632
OK Sorø	1421506
Holbæk OK	8621073
OKR	8051073
OK ØST Birkerød	8201941

**Start****H60**

10:28	Dan Nielsen
10:30	Leif E. Larsen
10:32	Klaus Nielsen
10:34	Lars Hanghøj Petersen
10:36	Henrik Wibe
10:38	Helge Lang Pedersen
10:40	Flemming Vejen
10:42	Jens Jørgen Hansen
10:44	Troels Bent Hansen
10:46	Jørgen Skaarup
10:48	Thomas Thilo
10:50	Gregers Jørgensen
10:52	Jens Behrend
10:54	Poul Henning Poulsen
10:56	Pablo Jensen
10:58	Sten Skytte Kirkegaard

**5100 meter**

Allerød OK	682240
THOK	8692019
Farum OK	1408242
Ballerup OK	1290555
Allerød OK	1406290
Farum OK	8033357
Ballerup OK	8512003
Farum OK	8581170
Allerød OK	8664222
Ballerup OK	8512043
Farum OK	8143223
Ballerup OK	8620940
Farum OK	500443
THOK	8633609
Farum OK	8008521
THOK	8635894

**Start**

11:00	Lars Vedel Jørgensen	Farum OK	1450238
11:02	Lasse Lybek Jensen	Ballerup OK	8667876
11:41	Henrik Nielsen	Holbæk OK	8022398
11:43	John Pedersen	OK Sorø	1210286
11:45	Erik Ellegaard Simonsen	OK ØST Birkerød	8512017
11:47	Jan Koue Larsen	OK Sorø	2061214
11:49	Bent Jensen	Holbæk OK	8631598
11:51	Kent Pihl	OKR	1422371
11:53	Bo Christoffersen	OK Sorø	2085954
11:55	Preben Klavsén	Holbæk OK	8640541
11:57	Morten Ebbensgaard	OK ØST Birkerød	8281063
11:59	Michael Leth Jess	OKR	8241908
12:01	Jan Thiesen	Holbæk OK	8009306
12:03	Flemming Vejsnæs	OK Sorø	529615
12:05	Henrik Steen Andersen	OK ØST Birkerød	1417058
12:07	Morten Jensen	OKR	8506678

**H70****4475 meter****Start**

10:32	Kai Beck-Andersen	Farum OK	2119100
10:34	Erik Sørensen	Allerød OK	8628453
10:36	Klaus Olsen	THOK	8638413
10:38	Jan Kristoffersen	Ballerup OK	8633623
10:40	Ove Jakobsen	Farum OK	8524536
10:42	Viggo Hansen	Ballerup OK	1452116
10:44	Ole Gold	Farum OK	308062
10:46	Peter Wraa	THOK	8664225
10:48	Kuno Rasmussen	Ballerup OK	8510345
10:50	Peter Reinholdt	Farum OK	239213
10:52	Niels Landsperg	THOK	8111644
10:54	Jimmy Hoen	Ballerup OK	2086036
10:56	Jens Korsholm	Farum OK	8667872
10:58	Keld Johnsen	THOK	8201150
11:00	Bjørn Christensen	Allerød OK	444569
11:37	Finn Hyllegaard	Holbæk OK	344835
11:39	Ebbe Kajberg	OK Sorø	8515243
11:41	Bo Christensen	OKR	8631597
11:43	Hans-Ole Jensen	OK Sorø	308187
11:45	Janne Brunstedt	OKR	8230548
11:47	Kirsten Nymann Petersen	OK ØST Birkerød	8009139
11:49	Johnny Hansen Boonserm	Holbæk OK	2153445
11:51	Asger Jensen	OKR	302055
11:53	Jørgen Jørgensen	OK Sorø	1407798
11:55	Finn Petersen	OKR	8021053
11:57	Flemming Olsen	OK Sorø	7300389
11:59	Ole Bøggild	OKR	7194612
12:01	Svend Tantholdt	OK ØST Birkerød	1401724
12:03	John Tripax	OKR	8016644
12:05	Steen Lund	OK Sorø	1021012

<b>H80</b>		<b>2825 meter</b>	<b>Start</b>
10:23	Per Christoffersen	Ballerup OK	1060586
10:25	Poul Hansen	THOK	3
10:27	Jørgen Lund-Hansen	Farum OK	216722
10:29	Kurt Valery	THOK	8201926
10:31	Finn Hultengren	Ballerup OK	308067
10:33	Egon Neregaard	THOK	551438
10:35	Holger Karlsmose	Farum OK	8620687
11:28	Mogens Jensen	Holbæk OK	8667790
11:30	Ellis Byrgiel Sommer	OK ØST Birkerød	8033386
11:32	Ole Svendsen	OKR	501138
11:34	Arne Steen Sørensen	OK ØST Birkerød	8180142
11:36	Ole Ring	OK Sorø	501133
11:38	Per Mogens Petersen	OK ØST Birkerød	682235
11:40	Mogens Bruun	OKR	2221997
<b>H-Let</b>		<b>3200 meter</b>	<b>Start 2</b>
–	August Bo Christensen	Holbæk OK	1393187
–	Caspian Bo Christensen	Holbæk OK	9101045
–	Ea Bregensøe	THOK	437084
–	Henrik Boesen	OKR	421555
–	Jakob Djurhuus Ipsen	Farum OK	1411148
–	Jens Birch Nielsen	Farum OK	216746
–	Johan Holkmann Jacobsen	OK ØST Birkerød	504400
–	Keld S. Mortensen	OKR	443308
–	Kristian Ipsen	Farum OK	431192
–	Mads Anders Bergmann	Allerød OK	8143222
–	Sidsel Sandvad Aagaard	THOK	2105170
–	Søren Hebbelstrup	OK Sorø	2216194
–	Thomas Kragh Christensen	OK ØST Birkerød	1402953
–	Thor Hemmingsen	Holbæk OK	1393199
–	Yonatan Stokholm Riemer	OKR	355561
–	Aase Neregaard	THOK	202018
<b>Åben 1</b>		<b>7975 meter</b>	<b>Start</b>
–	Carsten Elhøj	AS Feltspport	8512075
–	Carsten Thye Agger	Helsingør SOK	8510335
–	Christian Olsen	AMOK	8201972
–	Mikkel Merkelsen	AMOK	1052008
–	Per Hansen	FSK Orientering	8635895
<b>Åben 2</b>		<b>5050 meter</b>	<b>Start 2</b>
–	Christina Bøje	DSR	2213996
–	Finn Stausgaard	AMOK	1162008
–	Jørgen Pedersen	AS Feltspport	8160458
–	Lajla Præstgaard	Mariager Fjord OK	1426286
–	Lars Basballe	FSK Orientering	501140
–	Michael Zacho Frost	Køge OK	8627643
–	Morten Schiøtt	Nordvest OK	8
–	Ole Præstgaard	Mariager Fjord OK	213933

**Åben 3**

–	Emil Olesen	<b>4100 meter</b>	<b>Start 2</b>
–	Eva Konring Olesen	FIF Hillerød	8505430
–	Inge Christiansen	FIF Hillerød	8505429
–	Jens Høgsfeldt	AMOK	2061665
–	Jørn Mouritzen	FIF Hillerød	8033388
–	Karl Aage Hald	Fredensborg OK	1402981
–	Lise Kolte	FSK Orientering	407734
–	Max Prang	FSK Orientering	407733
–	Stine Mackenhauer	Fredensborg OK	8620730
–	Tage Ebbensgaard	AMOK	1072008
–		Køge OK	344972

**Åben 4**

–	Kasper Thode Schiøtt	<b>4425 meter</b>	<b>Start 2</b>
–	Lise Thode Schiøtt	Nordvest OK	7
		Nordvest OK	250044

**Åben 5**

–	Malthe Thode Schiøtt	<b>3200 meter</b>	<b>Start 2</b>
		Nordvest OK	250063